

## February 2018 Herington Unified School District Menus

Monday	Tuesday	Wednesday	Thursday	Friday
5 	6	7 	1 <b>Breakfast</b> Sausage Gravy over WG Biscuit Strawberries Fresh Kiwi <b>Lunch</b> Pancake on a Stick Hard Boiled Egg Hash Brown Patty Baby Carrots FreshPineapple/Canned Fruit Choice	2 <b>Breakfast</b> WG Breakfast Round Citrus Salad Assorted Juice <b>Lunch</b> Country Style Steak <b>WW Roll &amp; Jelly (6-12)</b> Mashed Potatoes & Gravy Steamed Broccoli Fresh Kiwi/Canned Fruit Choice
12 <b>Breakfast</b> Whole Grain Cereal Yogurt Cup Sliced Peaches/Assorted Juice <b>Lunch</b> Hot Ham & Cheese on a WG Bun Potato Wedges Broccoli Florets Fruit Cocktail Canned Fruit Choice	13 <b>Breakfast</b> WG Egg, Sausage & Cheese Sliders Mandarin Oranges Fresh Pineapple <b>Lunch</b> WG Cheese Pizza Tossed Salad/Grape Tomatoes <b>Celery Sticks (9-12)</b> Fresh Orange Canned Fruit Choice	14 <b>Breakfast</b> WG Pancakes Sausage Links Fruit Cocktail/Assorted Juice <b>Lunch</b> Taco Burger on a WG Bun <b>Tortilla Chips (6-12)</b> /Tomato Salsa Dk Green Leaf Lettuce/Tomato Slice Refried Beans Banana/Canned Fruit Choice	15 <b>Breakfast</b> WG Sausage Breakfast Pizza Sliced Pears Fresh Orange <b>Lunch</b> Hamburger on a WG Bun Dk Green Leaf Lettuce/Tomato Slice Oven Fries Baby Carrots Apple Half/Canned Fruit Choice	16 <b>February is National Cherry Month!</b> 
19 <b>Breakfast</b> WG Blueberry Muffin String Cheese Sliced Pears/Fresh Orange <b>Lunch</b> Sweet and Sour Chicken Nuggets Seasoned Brown Rice Asian Vegetables Grape Tomatoes/Celery Sticks Tropical Fruit/Canned Fruit Choice	20 <b>Breakfast</b> WG Breakfast Taco Applesauce Fresh Banana <b>Lunch</b> Hamburger on a WG Bun Dk Green Leaf Lettuce/Tomato Slice Oven Fries Baby Carrots Apple Half/Canned Fruit Choice	21 <b>Breakfast</b> WG French Toast Sticks Pineapple Chunks Assorted Juice <b>Lunch</b> WG Cheese Breadsticks w/ Marinara Sauce Seasoned Corn Tossed Salad Fresh Orange/Canned Fruit Choice	22 <b>Breakfast</b> WG Sausage Breakfast Pizza Craisins Fresh Apple Half <b>Lunch</b> Pulled Pork Sandwich Creamy Cole Slaw Baked Beans Strawberries Canned Fruit Choice	23 <b>Breakfast</b> WG Mini Powdered Donuts Citrus Salad Assorted Juice <b>Lunch</b> WG Pepperoni Pizza Steamed Carrots/Broccoli Florets <b>Cucumber Slices (9-12)</b> Fresh Pineapple/Canned Fruit Choice <b>Cherry Crisp (6-12)</b>
26 <b>Breakfast</b> Whole Grain Cereal Yogurt Cup Sliced Peaches/Assorted Juice <b>Lunch</b> Pork Rib on a WG Bun Tossed Salad Seasoned Peas Apricot Halves Canned Fruit Choice	27 <b>Breakfast</b> WG Breakfast Bosco Stick Mandarin Oranges Fresh Honeydew Melon <b>Lunch</b> Cheeseburger on a WG Bun Dk Green Leaf Lettuce/Tomato Slice Oven Fries Red Bell Pepper Strips Clementine/Canned Fruit Choice	28 <b>Breakfast</b> WG Pancake Sausage on a Stick Fruit Cocktail Assorted Juice <b>Lunch</b> Salisbury Steaks Mashed Potatoes w/gravy Green Beans Fresh Grapes/Canned Fruit Choice <b>Blueberry Oat Muffin (6-12)</b>	29 <b>Breakfast</b> WG Bacon Scramble Pizza Sliced Pears Fresh Grapes <b>Lunch</b> Baked Chicken Drumstick Savory Rice Fresh Broccoli Grape Tomatoes Tropical Fruit/Canned Fruit Choice	24 <b>Breakfast</b> WG Apple Frudel Tropical Fruit Assorted Juice <b>Lunch</b> Railer Joe on a WG Bun Roasted Red Potatoes Baked Beans <b>Green Bell Pepper Strips (9-12)</b> Apple Half/Canned Fruit Choice
26 <b>Breakfast</b> WG Chocolate Chip Muffin String Cheese Apricot Halves/Assorted Juice <b>Lunch</b> Beef Taco on WG Soft Tortilla <b>Tortilla Chips (9-12)</b> /Tomato Salsa Shredded Romaine & Diced Tomatoes Mexican Corn Fresh Banana/Canned Fruit Choice	27 <b>Breakfast</b> WG Banana Bread Applesauce Fresh Cantaloupe <b>Lunch</b> Crispitos w/Cheese Sauce Garden Salad Fresh Baby Carrots Diced Peaches Canned Fruit Choice	28 <b>Breakfast</b> WG Bagel w/Chream Cheese Pineapple Chunks Assorted Juice <b>Lunch</b> Grilled Chicken Sandwich Green Beans/Baked Beans <b>Cucumbers Slices (9-12)</b> Summer Fruit Salad/Can Fruit Choice <b>Royal Brownie (6-12)</b>	<div style="display: flex; justify-content: space-between;">  <div style="text-align: center;"> <p><b>*This Institution is an Equal Opportunity Provider.</b></p> <p><b>**Milk Variety Served with all Meals.</b></p> <p><b>***Menu Subject to Change Due to Item Availability.</b></p> <p><b>****Two (2) Fruits &amp; Two (2) Vegetables Choices Offered Daily.</b></p> <p><b>*****Salad Bar Option Available for Grades 8 through 12</b></p> </div>  </div>	